

**SAMHSA**  
**Substance Abuse and Mental Health Services Administration**  
**Fiscal Year 1999 Discretionary Funds**  
**Center for Mental Health Services (CMHS)**

**VIRGINIA**

*National Association of State Mental Health Program  
Directors*

Alexandria , VA

National Technical Assistance Center

SM52666

Congressional District: VA-01

**FY 99 Funding:** \$819,529

Project Period: 9/30/98 - 8/31/01

The National Technical Assistance Center (NTAC) provides on-site technical assistance to individual States and regions on all issues of importance to mental health planning, service delivery, and evaluation. NTAC also supports special mental health-related projects and events, including regional and national conferences, and offers State mental health authorities, consumers, families, and State planning councils the resources of a comprehensive library of resource materials. NTAC communicates electronically with the mental health community through an Internet web site and a form on the National Mental Health Knowledge Exchange Network. The Center maintains a database of expert consultants and publishes a quarterly newsletter.

*National Mental Health Association*

Alexandria , VA

Conference Grant

SM52881

Congressional District: VA-01

**FY 99 Funding:** \$50,000

Project Period: 5/18/99 - 5/17/00

To convene and disseminate the findings of a conference focusing on managed care and the role of mental health planning and advisory councils.

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*Council on Social Work Education*

Alexandria , VA

Minority Fellowship

SM15167

Congressional District: VA-01

**FY 99 Funding:** \$225,130

Project Period: 9/1/87 - 9/29/02

The Minority Fellowship Program supports doctoral-level training to increase the pool of professionals qualified to provide leadership, consultation, training and administration to governmental health agencies and public/private organizations concerned with the development and implementation of programs and services for underserved ethnic minority persons with mental and/or addictive disorders. The Grant to the Council on Social Work Education is specifically designed to significantly increase the number of doctoral-level social workers qualified to teach, administer, and provide direct mental health and substance abuse services to members of ethnic minority groups.

*National Mental Health Association*

Alexandria , VA

National Technical Assistance Center

SM52566

Congressional District: VA-08

**FY 99 Funding:** \$300,000

Project Period: 9/30/98 - 9/29/01

This consumer supporter technical assistance center is designed to assist coalitions, organizations, and individuals that support consumers in the process of recovery. The project will establish coalitions of community care to build bridges between consumer supporters, consumers and professionals; create technical assistance materials; create a technical assistance library; provide information/referral consultation.

*National Mental Health Association*

Alexandria , VA

Safe Schools Technical Assistance Center

SM53039

Congressional District: VA-08

**FY 99 Funding:** \$2,800,000

Project Period: 9/30/99 - 9/29/02

The Center will help communities around the country reduce school violence and promote healthy child and family development, providing information to the public and intensive technical assistance to Safe Schools/Healthy Students and School Action Grant recipients.

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**VIRGINIA**

*James Bell Associates, Inc.*

Arlington , VA

HIV/AIDS Outcomes & Costs

SM52395

Congressional District: VA-08

**FY 99 Funding:** \$907,965

Project Period: 9/30/98 - 8/31/03

James Bell & Associates serves as the Coordinating Center for the HIV/AIDS Cost Study. The HIV/AIDS Cost Study is the first-ever Federal initiative designed to study integrated mental health, substance use, and primary medical HIV treatment interventions. It seeks to determine if an integrated approach to care improves treatment adherence, produces better health outcomes, and reduces the overall costs associated with HIV treatment. James Bell & Associates is assisting the Steering Committee in developing and implementing a cooperative multisite study; working with the eight study sites and the Federal Government to refine study site interventions and evaluation designs; assisting sites with collecting data, conducting quality control checks, and analyzing local and cross-site data; and identifying lessons learned across sites, and coordinating the publication and dissemination of major findings.

*Battelle Memorial Institute*

Arlington , VA

Homeless Families

SM53070

Congressional District: VA-08

**FY 99 Funding:** \$237,524

Project Period: 9/30/99 - 8/31/01

Grantee will work with the Young Mothers, Infants and Toddlers program, a Manhattan, NY residential program to provide intensive substance abuse treatment and ancillary services to a diverse population of homeless mothers and their children with substance use disorders. A high percentage have co-occurring depression and post-traumatic stress disorder. The residential program is based on a modified therapeutic community model, providing up to 14 months of 24/7 drug residential treatment for pregnant women or mothers age 16 and older. The population served is 75% African American, 14% Hispanic, and 11% Caucasian. Services include: mental health and substance abuse treatment, relapse prevention, support groups for domestic violence and family issues, parent training, educational and vocational services, case management, and housing services

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*National Alliance for Mentally Ill*  
National Technical Assistance Center  
Congressional District: VA-08

Arlington , VA  
SM52579

**FY 99 Funding:** \$155,000  
Project Period: 9/30/98 - 9/29/01

To coordinate the AMI chapters in the States that received funds for grants to promote statewide consumer and consumer-supporter networking.

*Fairfax County Public Schools*  
School Action Grant  
Congressional District: VA-11

Fairfax, VA  
SM53000

**FY 99 Funding:** \$149,920  
Project Period: 9/30/99 - 9/29/00

A number of exemplary practices: Second Step, Responsive Classroom, Partners in Print, Family Involvement, and Home Visits will be implemented in a population of children in pre-K through 2nd grade, their parents and older siblings. The goals are to increase children's pro-social behaviors, individual responsibility, self-control, and parent involvement.

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**VIRGINIA**

*Department of Mental Health, Mental Retardation and  
Substance Abuse Services*

Richmond , VA

State Performance Indicator Pilot

SM52525

Congressional District: VA-01

**FY 99 Funding:** \$100,000

Project Period: 9/30/98 - 8/31/01

The Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services project will pilot and implement a set of performance indicators including indicators selected in the Five State Feasibility Study, the MHSIP Consumer-Oriented Report Card, and other indicators identified by key stakeholders as needed to support current State system reform efforts. Specific indicators to be assessed by this project include: (a) use of atypical medications, (b) new methods of measuring seclusion and restraint, (c) use of "official records" from other agencies to measure consumer outcomes, (d) family member involvement in treatment, and (e) exploring cultural competence in reporting of performance information. The pilot will be implemented in six sites representing a balance between large and small urban and rural, and single and multi-jurisdictional community mental health centers and acute and long-term hospitals. All key stakeholders will be represented in the pilot process through membership on decision making groups that include the POMS Steering Committee, local Pilot Site Work Groups, and the Mental Health Planning Council. A data warehouse will integrate data from multiple sources, and by the end of the grant period, a set of performance indicators comparable to those established in other States will be implemented statewide.

*Virginia Commonwealth University*

Richmond , VA

Behavioral Health Issues in HIV/AIDS

SM52070

Congressional District: VA-03

**FY 99 Funding:** \$193,290

Project Period: 9/30/97 - 8/31/01

Virginia Commonwealth University's HIV/AIDS High Risk Behavior Prevention Grant project is one of seven study sites participating in a coordinated multi-site study to develop and test a model prevention/intervention approach to encourage and enable adolescents, young adults, and women who engage in high risk behaviors associated with HIV/AIDS transmission to change those behaviors.

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**Center for Substance Abuse Prevention (CSAP)**

**VIRGINIA**

*ISA Associates, Inc*

Alexandria , VA

Workplace/Managed Care

SP08102

Congressional District: VA-08

**FY 99 Funding:** \$443,803

Project Period: 9/30/97 - 9/29/00

The Workplace Managed Care effort will demonstrate the effectiveness of managed-care models in the workplace to prevent and treat substance abuse. ISA Associates is carrying out a study of the substance abuse prevention and early intervention program for employees with the assistance and cooperation of Integon and its managed care company, Partners, Inc. The project will also study the use of videos as a prevention method.

*University of Virginia, Charlottesville*

Charlottesville , VA

Workplace/Managed Care

SP08143

Congressional District: VA-05

**FY 99 Funding:** \$701,693

Project Period: 9/30/97 - 9/29/00

The Workplace Managed Care effort will demonstrate the effectiveness of managed-care models in the workplace to prevent and treat substance abuse. The University of Virginia is conducting a study of its workplace managed care substance abuse prevention and early intervention program within the Qual Choice Virginia using its own program, IQ Health. This will include health screening and risk appraisal, EAP and occupational health services, to evaluate the socioeconomic value of workplace substance abuse prevention and early intervention services.

*Norfolk State University*

Norfolk , VA

Family Strengthening

SP08861

Congressional District: VA-02

**FY 99 Funding:** \$96,120

Project Period: 9/30/99 - 9/29/01

This Norfolk State University Family and Community Life Health Center will: identify the family protective mechanisms necessary to decrease the incidence of alcohol and substance abuse in youth; define factors that contribute to individual resiliency in youth and families; and contribute to the assets capability by providing family strengthening program to address alcohol and substance abuse. Using scientifically tested strategies, participants will help validate "best practices" that are culturally valid and locally relevant.

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*Virginia Commonwealth University*  
Community-Initiated Grants  
Congressional District: VA-03

Richmond, VA  
SP08655

**FY 99 Funding:** \$399,676  
Project Period: 9/30/99 - 9/29/02

This program will refine and test effective substance abuse prevention programs. The overall goal of this project is to determine the efficacy of a universal drug prevention program with a culturally enhanced program for delaying and reducing drug use and associated negative behaviors among African American girls in pre-adolescence. This study we build upon previous research on culturally effective prevention programs to learn what works best for African American females. Participants will be 6th graders attending four middle schools in Richmond, VA. Schools will be randomly assigned to one of four conditions: (1) tutoring; (2) tutoring plus LST; (3) tutoring plus a cultural enhancement component; and (4) tutoring plus LST plus cultural enhancement.

*Virginia Commonwealth University*  
Children of Substance Abusing Parents  
Congressional District: VA-03

Richmond, VA  
SP08249

**FY 99 Funding:** \$417,200  
Project Period: 9/30/98 - 9/29/01

Project I Must Parent According to Cultural Teachings (Project Impact) is a family-based psychoeducational prevention project for substance abusing families. The goal of this program is to develop, implement, and evaluate the effectiveness of culturally congruent family-based programs for reducing behavioral, emotional, social, and cognitive problems among children and parents in substance abusing families.

**SAMHSA**  
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**Center for Substance Abuse Treatment (CSAT)**

**VIRGINIA**

*Substance Abuse and Addiction Recovery Associates, Inc.*

Falls Church, VA

Community Recovery Networks

TI11469

Congressional District: VA-09

**FY 99 Funding:** \$110,614

Project Period: 9/30/98 - 9/29/01

The Substance Abuse and Addiction Recovery Alliance (SAARA) is an independent, grassroots membership organization of the recovery community whose principal mission is to celebrate, support and advocate for recovery. With almost 250 members, it intends to expand its strategies for organizing and empowering consumers and families, including enhancements to its newsletter, workshops built around recovery needs identified by its membership, and replicating its organizing strategies elsewhere in the Commonwealth.

*Virginia Commonwealth University*

Richmond, VA

Addiction Technology Transfer Centers

TI11420

Congressional District: VA-03

**FY 99 Funding:** \$525,000

Project Period: 9/30/98 - 9/29/01

A partnership between the State Substance Abuse Agencies in Virginia, Maryland, and North Carolina, publicly funded treatment programs, and educational institutions that is designed to address the shortage of well-trained addiction professionals, reflective of the treatment population, equipped with the latest science-based information and clinical tools.



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**VIRGINIA**

*Department of Mental Health, Mental Retardation and  
Substance Abuse Services*

Richmond, VA

Treatment Outcome and Performance Pilot Studies

TI11570

Congressional District: VA-03

**FY 99 Funding:** \$466,198

Project Period: 9/30/98 - 9/29/01

The Virginia TOPPS II project will: (1) Compare the ease of administration, the information returned, and the costs of its "Clinical Tracking System" currently in use at a number of Community Services Boards (CSBs), with a proposed "Database Monitoring System" for measuring and managing consumer-level outcomes, and (2) Validate contemporary sets of "Performance Indicators" designed to measure system-level outcomes, against the existing Clinical Tracking System and the proposed Database Monitoring Systems. Primary data collection will be employed at admission, during treatment and at 6 and 12 month follow-ups. Common data elements and measurements that are selected by the Inter-State Steering Committee will be added to the Virginia study. The Commonwealth will separately participate in a multi-State consortium to design and conduct cross-State analyses of outcomes based on secondary data collected in each State. The evaluation will be conducted concurrently on a large and representative sample of the consumer population, and will utilize the unique consumer identifiers already built into the MIS.